

East Central Railway

Office of the
General Manager (P)
Hajipur

No. ECR/HRD/IR&W/Misc./YOGA Day

Dt-17.06.2015

All PHODs/CHODs
East Central Railway
Hajipur

Sub: Celebration on 21st June 2015 as "International Day of YOGA."

Ref: Rly. Bd's letter No. E (MPP)/2015/3/12 dt- 18.05.2015(Copy enclosed).

United nations has declared 21st June to be celebrated as International day of YOGA. As directed by Railway Board vide above referred letter this day will be celebrated all over Indian Railways. It is therefore, requested to celebrate this occasion to spread awareness.

All offices will remain open on 21.06.2015 (Sunday) in the forenoon for the said purpose. All Officers and staff may be directed to report at 09.00 AM to participate in YOGA programme on 21.06.2015 (Sunday) at either of the following venue :

- (i) RAIL NIKETAN - ECR/Hajipur HQ
- (ii) Railway Officers' Club - MHX/Patna.

The arrangements of YOGA programme is being supervised by CMD /ECR.

This has the approval of the competent authority.

(S.K. Mishra)
Dy. CPO/Gaz

For General Manager (P)

Copy to_

- i. Secy to GM/ECR/HJP- for kind information of GM.
- ii. PS to AGM - for kind information of AGM.
- iii. Secy. to CPO - for kind information of CPO.
- iv. CMD - for kind information & n/a please.
- v. DGM/G - for information, Dy CPO/CON - for info. & n/a.
- vi. Gen. Secy./ECR/HJP - for information please.
- vii. Gen. Secy./SC/ST Association - for information please.
- viii. Janitor/ ECR/HJP/HQ - for n/a.

For General Manager (P)

East Central Rai lway

Office of the
General Manager (P)
Hajipur

No. ECR/HRD/IR&W/Misc./YOGA Day

Dt-17.06.2015

All DRMs
East Central Railway
SEE, SPJ, DNR, DHN, MGS
Chairman/RRB/PNBE & MFP
CAO/CRW/HRT
CWM/WS/SPJ & PD/MGS
Principal/ZRTI/MFP

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Ref: Rly. Bd's letter No. E (MPP)/2015/3/12 dt- 18.05.2015(Copy enclosed).

United nations has declared 21st June to be celebrated as International day of YOGA. As directed by Railway Board vide above referred letter this day will be celebrated all over Indian Railways. It is therefore, requested to celebrate this occasion to spread awareness among officers and staff.

All offices will remain open on 21.06.2015 (Sunday) in the forenoon for the said purpose. All Officers and staff may be directed to report at 09.00 AM to participate in YOGA programme on 21.06.2015 (Sunday).

The arrangements of YOGA programme is being supervised by CMD /ECR who has already nominated CMS of respective division to organise the said programme in Division/Workshop/Unit .

This has the approval of the competent authority.

(S.K.Mishra)
Dy. CPO/Gaz

For General Manager (P)

Copy to_

- i. All Sr.DPOs / SEE, SPJ, DNR, DHN, MGS- for information & issue of letter for information to all officers and staff regarding above.
- ii. APO/PD/MGS, APO/WS/SPJ, APO/HRT - for information & issue of letter for information to all officers and staff regarding above.
- iii. All CMS/ SEE, SPJ, DNR, DHN, MGS & Gaya- in ref. to CMD/ECR/HJP letter no. ECR/MED/Miss./030 dt- 10.06.15.

For General Manager (P)