पूर्व मध्य रेल
EAST CENTRAL RAILWAY

कार्यालय
महाप्रबंधक (का.)
हाजीपुर

PCPO's Cir. Sl. No.153/2025

RBE No.97/2025

No.ECR-HQ0PERS (RULE)/0001/2025 (Com.No.309129) Date: As Signed

1. CAO (Con.)/उत्तर एवं दक्षिण/पटना।
2. सभी PHOD/CHOD/पूमरे/हाजीपुर।
3. DRM/पूमरे/दानापुर, डीडीयू, धनबाद, सोनपुर एवं समस्तीपुर।
4. मुख्य कार्मिक अधिकारी/प्रशासन/पूमरे/हाजीपुर।
5. मुख्यालय के सभी कार्मिक अधिकारी।
6. CWM/पीडी/डीडीयू, यांत्रिक कारखाना/समस्तीपुर एवं हरनौत।
7. Sr.DPO/पूमरे/दानापुर, डीडीयू, धनबाद, सोनपुर एवं समस्तीपुर।
8. उप महाप्रबंधक/विधि/पटना।
9. प्राचार्य/क्षेत्रीय रेल प्रशिक्षण संस्थान/मुजफ्फरपुर एवं भूली।
10. सभी मुकार्याधी/कार्याधी/पूमरे/हाजीपुर।

विषयः- Recruitment of Sports persons (Weightlifting) against sports quota as per new weight categories - Clarification regarding.

संदर्भः- Railway Board's letter No.- 2025/E(Sports)/4(3)/12/WLG, Dated-22.09.2025.

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विषयांकित से संबंधित संदर्भित पत्र की छायाप्रति सूचना एवं अग्रेत्तर आवश्यक कार्रवाई हेतु प्रेषित की जा रही है।

A copy of above referred letter on the subject matter is being forwarded herewith for information and needful onward action please.

DA: As above.

Digitally signed by
PRAKASH KUMAR SINGH
Date: 07-01-2026
15:19:42

सकाधि/ई.एस.एम.
कृतें महाप्रबंधक (का.)/पूमरे/हाजीपुर

प्रतिलिपि/– निम्नलिखित को सूचनार्थ एवं आवश्यक कार्रवाई हेतु प्रेषितः–

1. महासचिव/ईसीआरईयू/पूमरे/हाजीपुर।
2. महासचिव/एस.सी.एवं एस.टी.एशोसिएशन/पूमरे/हाजीपुर।
3. सकाधि (एम.पी.पी.)/पूमरे/हाजीपुर–कृपया इसे वेबसाइट पर अपलोड कराने की व्यवस्था करें।
4. महासचिव/ओ.बी.सी.एशोसिएशन/पूमरे/हाजीपुर।

RBE No. 97/2025
Clarification/Corrigendum No.138

भारत सरकार/GOVERNMENT OF INDIA
रेल मंत्रालय/MINISTRY OF RAILWAYS
(रेलवे बोर्ड/RAILWAY BOARD)

No. 2025/E(Sports)/4(3)/12/WLG **New Delhi, dated 22.09.2025**

The General Managers (P),
All Zonal Railways, Production and other units.

Sub: Recruitment of Sportspersons (Weightlifting) against sports quota as per new weight categories - Clarification regarding.

Ref: (i) Railway Board's Policy Letter No. 2010/E(Sports)/4(1)/1(Policy) dated 31.12.2010 (RBE No. 189B/2010) with subsequent amendments issued thereto from time to time.
(ii) Railway Board's letter No. 2018/E(Sports)/4(1)/9/Policy Clarification, dated 28.08.2018.

Indian Weightlifting Federation (IWLF) has informed that new bodyweight categories have been approved by Executive Committee of International Weightlifting Federation (IWF) and all future weightlifting competitions w.e.f. 01.06.2025 onwards will be held as per new bodyweight categories. The updated weight categories are as under :

(i) For Senior and Junior age Groups:

Men (in kg)	60, 65, 71, 79, 88, 94, 110, +110	8 Weights
Women (in kg)	48, 53, 58, 63, 69, 77, 86, +86	8 Weights

(ii) For Youth age Groups:

Men (in kg)	56, 60, 65, 71, 79, 88, 94, + 94	8 Weights
Women (in kg)	44, 48, 53, 58, 63, 69, 77, +77	8 Weights

2. Accordingly Railways/Units shall follow the following guidelines for recruitment of male and female Weightlifters through Talent Scouting and Open Advertisement against Sports Quota for the year 2025-26 onwards :

i. All future recruitment of Weightlifting against sports quota shall be as per new weight categories mentioned below in the table. The instructions shall also be applicable to the cases where trials are yet to be conducted.

ii. However, the sports achievement certificates issued for the events concluded prior to 01.06.2025 for old weight categories, which were valid for recruitment in accordance with the criteria mentioned in Board's letter No. 2010/E(Sports)/4(1)/1(Policy) dated 31.12.2010 (RBE No. 189B/2010) alongwith clarification/corrigendum issued thereto

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from time to time, shall continue to be considered eligible for recruitment and trial purposes.

iii. The eligibility for recruitments and trials of candidates, having sports achievement certificates for the events concluded prior to 01.06.2025 for old weight categories , shall be decided as per the corresponding new weight categories, as detailed below:

Senior Category				Youth Category			
Men		Women		Men		Women	
New Weight Categories (Kg.)	Old Weight Categories (Kg.)	New Weight Categories (Kg.)	Old Weight Categories (Kg.)	New Weight Categories (Kg.)	Old Weight Categories (Kg.)	New Weight Categories (Kg.)	Old Weight Categories (Kg.)
60 kg	55 kg - 61 kg	48 kg	40 kg, 45kg - 49kg	56 kg	49kg - 55 kg	44 kg	40 kg - 45 kg
65 kg	61 kg - 67kg	53 kg	49kg - 55 kg	60 kg	55kg - 61 kg	48 kg	45kg - 49 kg
71 kg	67kg - 73 kg	58 kg	55kg - 59 kg	65 kg	61kg - 67 kg	53 kg	49kg - 55 kg
79 kg	73kg - 81 kg	63 kg	59kg - 64 kg	71 kg	67kg - 73 kg	58 kg	55kg - 59 kg
88 kg	81kg - 89 kg	69 kg	64kg - 71 kg	79 kg	73kg - 81 kg	63 kg	59 kg - 64 kg
94 kg	89kg, 96kg & 102 kg	77 kg	71 kg - 76kg	88 kg	81kg - 89 kg	69 kg	64kg - 71 kg
110 kg	102kg, 109 kg & +109 kg	86 kg	76kg - 81kg & 87 kg	94 kg	89kg, 96 kg & 102 kg	77 kg	71kg - 76 kg
+110 kg.	102kg, 109 kg & +109 kg	+86 kg	81kg, 87 kg & +87 kg	+ 94 kg	96 kg, 102 kg & +102kg	+77 kg	71kg, 76kg, 81 kg & +81 kg

3. This issues with approval of Director General (Human Resource), Railway Board.

Pawan Kumar 22/9/25

(Pawan Kumar)
Dy. Director-II/ Estt.(Sports)

No. 2025/E(Sports)/4(3)/12/WLG **New Delhi, dated 22.09.2025**

Copy to:

1 The General Secretary, AIRF, 4, State Entry Road, New Delhi.
2. The General Secretary, NFIR, 3, Chelmsford Road, New Delhi.
3. The General Secretary, All India SC/ST Railway Employees Association, 7-GF, Rail Bhawan, New Delhi.
4. The General Secretary, All India OBC Railway Employees' Association, Room No. 48, Rail Bhawan, New Delhi.

22.9.25

For PED(IR) /Railway Board

Copy to:

1 The PFAs, All Zonal Railways and Production Units.
2. The Hony. General Secretaries, Sports Associations of all Zonal Railways/ Production and other Units.
3. PPSs/PSs to CRB & CEO, DG(HR), AM(HR), PED(IR), ED/E(N), ED(E), ED/E(Res.), ED/F(E), D/E(N), JD/E(N), JD/E(Rep.)-I&II, JD/E(W), DD/E(N)I&II, DD/E(R)-I&II, DD/F(E)-I,II & III and E(Rep.)-I, II & III, E(SCT) I & II, E(NG) I & II and F/E(Spl) Branches.